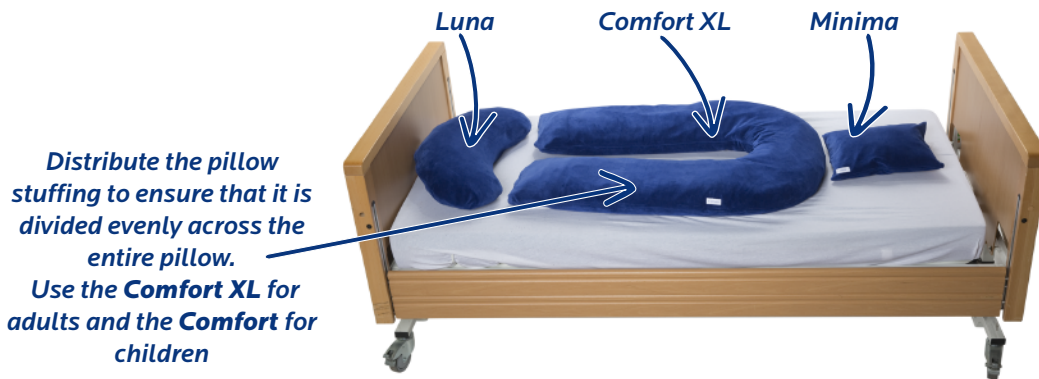


## LATERAL POSITION - COMFORTING POSTURE



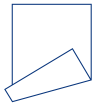
**INDICATION**

- Dementia
- Multiple disabilities
- Rolling too far and/or rolling back
- Comfort



*A lateral position at a 45, 50 or 60-degree angle is possible without providing opposite support*

Fold line



**FIVE REBA RULES**

- 1**  
No force (do not forcefully push or pull on the patient).
- 2**  
Always leave a hand's breadth of space.
- 3**  
Fill all of the spaces where the patient's body does not make contact with the pillow.
- 4**  
Smooth the area where the patient touches the pillow to relieve any air pressure.
- 5**  
Provide opposite support to the patient in a lateral position.