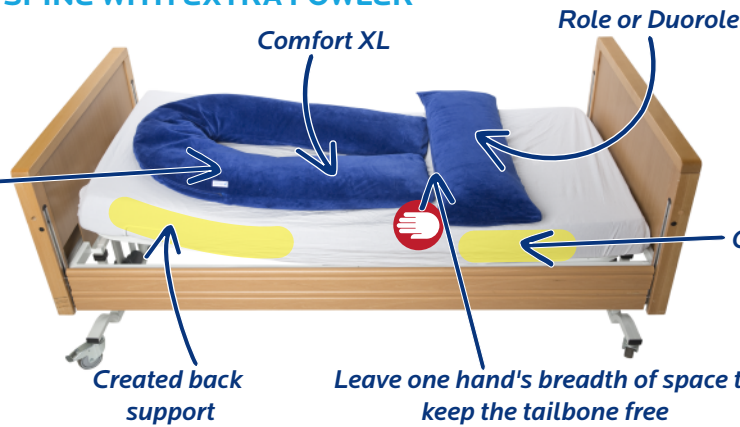


SUPINE POSITION -
TAILBONE AND SPINE WITH EXTRA FOWLER

INDICATION

- Tailbone, shoulder and spine decubitus
- Bending spasms
- Flexion contractures of legs

Distribute the pillow stuffing to ensure that it is divided evenly across the entire pillow. Use the **Comfort XL** for adults and the **Comfort** for children



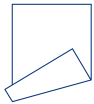
Optionally, operate the bed to create a Fowler (knee bend) or additional back support

No pressure on the spine, shoulder blades and tailbone



Heels free with Orthopedic Bandage shoe /heel protector from REBACARE[®]

Fold line



FIVE REBA RULES

- 1**
No force (do not forcefully push or pull on the patient).
- 2**
Always leave a hand's breadth of space.
- 3**
Fill all of the spaces where the patient's body does not make contact with the pillow.
- 4**
Smooth the area where the patient touches the pillow to relieve any air pressure.
- 5**
Provide opposite support to the patient in a lateral position.