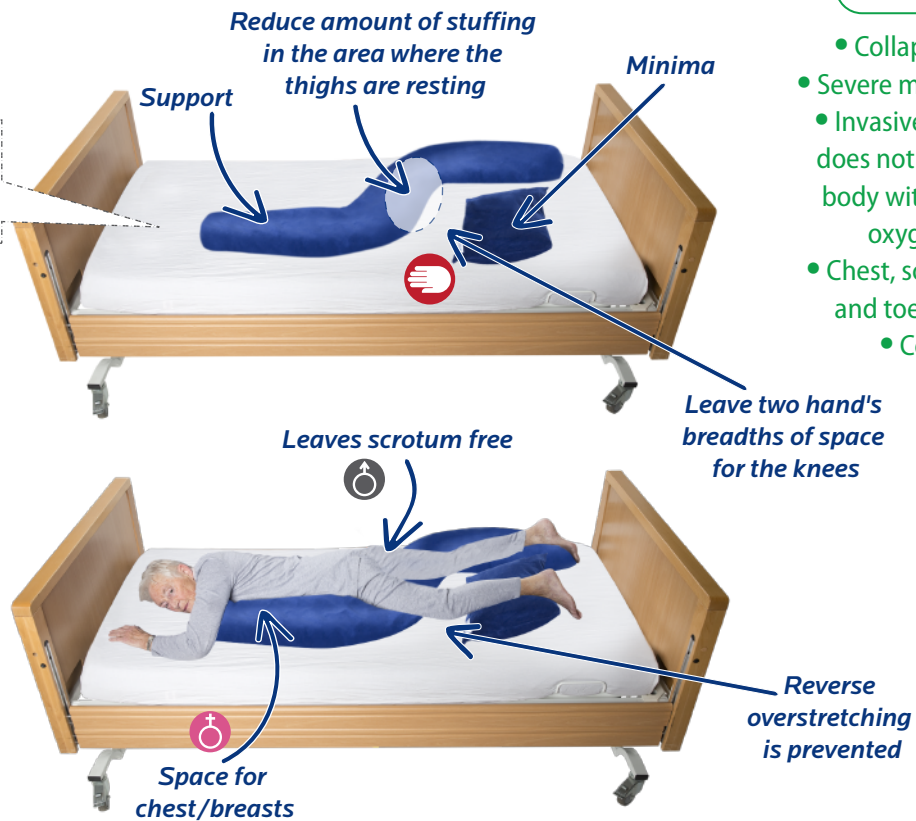


## PRONE POSITION - S METHOD

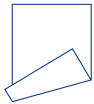
### INDICATION

- Collapsed alveoli
- Severe mucus build-up
- Invasive ventilation does not provide the body with sufficient oxygen (O<sub>2</sub>)
- Chest, scrotum, knee and toe decubitus
- Comfort

To prevent ear decubitus you can optionally add the Free Ear<sup>®</sup> Tube prone pillow



Fold line



### FIVE REBA RULES

- 1**  
No force (do not forcefully push or pull on the patient).
- 2**  
Always leave a hand's breadth of space.
- 3**  
Fill all of the spaces where the patient's body does not make contact with the pillow.
- 4**  
Smooth the area where the patient touches the pillow to relieve any air pressure.
- 5**  
Provide opposite support to the patient in a lateral position.