

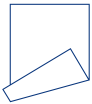
ANTI PES EQUINUS EXTRA FOWLER (KNEE BEND)



- Pes equinus
- Ankle rotation
- Increased muscle tension
- Seat bone decubitus



Fold line



1

No force (do not forcefully push or pull on the patient).

2

Always leave a hand's breadth of space.

3

Fill all of the spaces where the patient's body does not make contact with the pillow.

4

Smooth the area where the patient touches the pillow to relieve any air pressure.

5

Provide opposite support to the patient in a lateral position.